

LIVING WITH LOSS:

SPOUSE AND PARTNER BEREAVEMENT SUPPORT GROUP



Join our virtual dedicated space to share your story of love, loss and hope with others experiencing a similar journey.



Sarah Naibzada, MSW, LSW
Oncology Social Worker

CancerCare is offering a free, 12-week live support group for people in New Jersey who have experienced the loss of a spouse or partner due to cancer in the last 18 months. This group will provide a safe place to exchange support, get information and receive guidance while discussing the unique challenges of grief and loss.

Space is limited and pre-registration is required.

WEEKLY ON MONDAYS FROM 5:30 - 7 p.m. ET

The loss of a spouse or partner can be a very difficult time. You may find yourself experiencing feelings of sadness, anger, frustration and confusion. Although these feelings are normal and common, they can leave you feeling alone at times, and you may feel like you have no one to talk to. Connect with others who are facing the same challenges and find support to help you navigate your grief journey.

This group will be held virtually using Zoom. If you are not able to use the video function, you will also be able to call into the group.

**Register
Today!**



**For more information or to register, contact Sarah Naibzada, MSW, LSW,
at 201-301-6801 or snaibzada@cancercare.org.**

Facebook: facebook.com/cancercare | **Instagram:** @CancerCareUS | **Twitter:** @CancerCare

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